

8 Talks by John Allan

“Stress”

1. Stress - the disease of our times
2. The stress of disappointed ambitions
 3. The stress of loneliness
 4. The stress of our powerlessness
 5. The stress of failed relationships
 6. The stress of insecurity
 7. The stress of guilt
 8. The stress of future fears

JOHN ALLAN is a broadcaster, author and currently chaplain of Exeter School, as well as being involved in the teaching life of his local church, Belmont Chapel in Exeter. His books focus on the application of Christian ethics in the modern world. He communicates Christian truth with clarity, wit and a contemporary touch.



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